

## NOMINATION FORM

### NORTHERN REGION SCHOOL SPORT 13 – 19 YRS SWIMMING TEAM 2024



E-Mail [admin.northernsport@qed.qld.gov.au](mailto:admin.northernsport@qed.qld.gov.au)

Website [www.northernsport.eq.edu.au](http://www.northernsport.eq.edu.au)

#### 13-19 Years Queensland State Championships Details

Dates: Saturday 23 March to Monday 25 March 2023

Venue: Brisbane Aquatic Centre

Travel: Individual arrangement

Accommodation: Individual arrangement

Championship Levy & Administration costs: \$250 - \$300 Approx. (To Be Advised)

Additional Sport and Championship Information:

<https://queenslandschoolsport.education.qld.gov.au/sports-information/sports-h-s/swimming>

#### **PROCEDURE:**

(1) Students will swim in age group as year of birth-

Individual Age Groups

13 years: born 2011

14 years: born 2010

15 years: born 2009

16 years: born 2008

17 – 19 years: born 2007-2005

Combined Age Groups

Junior: 13 – 14 years

Intermediate: 15 – 16 years

Senior: 17 – 19 years

Open: 13 – 19 years

Multi Age: 13 – 19 years

Use the link provided below to submit your Swimming Nominations .

<https://survey.qed.qld.gov.au/n/bY6hOov>

Students **must nominate for each event they wish to be considered for**. Student must enter their best **LONG COURSE** time and list when and where performed. **Nomination forms MUST have best times from SWIM CENTRAL which will be verified by selectors**. Preference will be given to athletes with times swum after June 30<sup>th</sup> 2023.

(2) There will be **NO** regional selection trial conducted.

(3) All students must be enrolled in an affiliated school, college, special school or school of distance education.

(4) **All nominations are due by 5pm on Tuesday 13<sup>th</sup> February 2024.**

**NOMINATIONS RECEIVED AFTER THIS TIME WILL NOT BE ACCEPTED**

#### **SELECTION OF TEAM:**

(1) There are no Northern trials. Students will be selected from paper nominations. Preference will be given to swimmers meeting **at least one Northern Time Standard**. Where possible we will try and select students for multiple events.

(2) Students will **only be selected for nominated events that have times submitted from Swim Central**. **Selectors will verify times**. Fastest nominated times will be given team selection preference. Students will only be selected in a **MAXIMUM of 8 individual events**.

#### **TIMELINE OF SELECTION:**

**Tuesday 13th February**  
Nominations close at 5pm



**Thursday 16th February**  
Selectors meeting



**Tuesday 21st February**  
All successful and unsuccessful team members will be notified via parent email as listed on nomination form.

For more information contact: Brook Wilson, 4758 3343 or [brook.wilson@qed.qld.gov.au](mailto:brook.wilson@qed.qld.gov.au)

## 13-19yrs Northern School Sport Swimming -Time Standards 2024

### **BOYS EVENTS**

		<b>13 years</b>	<b>14 years</b>	<b>15 years</b>	<b>16 years</b>	<b>17-19 yrs</b>
50 metres	Freestyle	31.00	29.50	29.00	28.50	28.00
50 metres	Breaststroke	39.50	37.00	36.00	35.50	35.50
50 metres	Backstroke	36.50	34.00	33.00	32.50	32.00
50 metres	Butterfly	33.50	32.00	31.00	30.00	29.00
100 metres	Freestyle	1:07.00	1:05.00	1:03.00	1:00.00	59.50
100 metres	Breaststroke	1:30.00	1:28.00	1:24.00	1:22.00	1:20.00
100 metres	Backstroke	1:19.00	1:17.00	1:15.00	1:13.00	1:08.00
100 metres	Butterfly	1:17.00	1:15.00	1:11.00	1:10.00	1:05.00
200 metres	Freestyle	2:22.00	2:20.00	2:18.00	2:15.00	2:12.00
200 metres	Breaststroke	3:07.00	3:05.00	3:00.00	2:56.00	2:53.00
200 metres	Backstroke	2:45.00	2:40.00	2:35.00	2:31.00	2:26.00
200 metres	Butterfly	2:45.00	2:42.00	2:36.00	2:30.00	2:25.00
200 metres	Individual Medley	2:40.00	2:38.00	2:35.00	2:32.00	2:30.00
400 metres	Freestyle	5:00.00	4:50.00	4:45.00	4:40.00	4:30.00
400 metres	Individual Medley	5:50.00	5:45.00	5:35.00	5:30.00	5:20.00
				<b>13 – 19 Years</b>		
800 metres	Freestyle	9:10.00				
				<b>13 – 19 Years</b>		
1500metres	Freestyle	18:10.00				

### **GIRLS EVENTS**

		<b>13 years</b>	<b>14 years</b>	<b>15 years</b>	<b>16 years</b>	<b>17-19 yrs</b>
50 metres	Freestyle	32.00	31.00	30.50	30.00	29.50
50 metres	Breaststroke	40.00	39.00	38.50	38.00	37.50
50 metres	Backstroke	37.00	36.00	35.00	34.50	34.50
50 metres	Butterfly	34.50	33.50	33.00	32.00	31.50
100 metres	Freestyle	1:10.00	1:09.00	1:07.00	1:05.00	1:04.00
100 metres	Breaststroke	1:31.00	1:30.00	1:29.00	1:28.00	1:26.00
100 metres	Backstroke	1:22.00	1:20.00	1:18.00	1:17.00	1:15.00
100 metres	Butterfly	1:19.00	1:18.00	1:16.00	1:14.00	1:13.00
200 metres	Freestyle	2:29.00	2:26.00	2:24.00	2:22.00	2:20.00
200 metres	Breaststroke	3:12.00	3:07.00	3:03.00	3:02.00	3:00.00
200 metres	Backstroke	2:50.00	2:46.00	2:42.00	2:38.00	2:36.00
200 metres	Butterfly	2:50.00	2:46.00	2:44.00	2:42.00	2:38.00
200 metres	Individual Medley	2:48.00	2:45.00	2:40.00	2:38.00	2:38.00
400 metres	Freestyle	5:10.00	5:00.00	4:50.00	4:45.00	4:45.00
400 metres	Individual Medley	6:00.00	5:50.00	5:45.00	5:40.00	5:35.00
				<b>13 – 19 Years</b>		
800 metres	Freestyle	9:40.00				
				<b>13 – 19 Years</b>		
1500 metres	Freestyle	19:20.00				

# These events are not eligible for selection to the Queensland Team.

**Please note that these are not the standards used to attend the Queensland School Sport 13-19yrs Swimming Championship.**